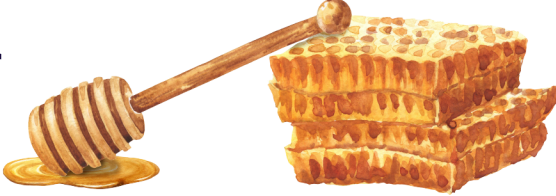


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Memory Care Community Life Schedule September 2026 		7:30a Breakfast 9a Morning 1:1 Visits 9:30a Daily Chronicle 10a Sit & Stretch 10a Music on Memory Care 10:30a Brain Games 11:30a Lunch 1p Bingo 2p Walking Group 3p Afternoon 1:1 Visits 4:30p Dinner 1	7:30a Breakfast 9a Morning 1:1 Visits 9:30a Daily Chronicle 10a Music Relaxation & Coffee Social 10:30a Balloon Swat 11:30a Lunch 1p Yahtzee 2p Walking Group 3p Afternoon 1:1 Visits 4:30p Dinner 2	7:30a Breakfast 9a Morning 1:1 Visits 9:30a Daily Chronicle 10a Chair Yoga 10:30a Arm Chair Travel 11:30a Lunch 1p Card Games 2p Walking Group 3p Afternoon 1:1 Visits 4:30p Dinner 3	7:30a Breakfast 9a Morning 1:1 Visits 9:30a Daily Chronicle 10:15a YMCA Fitness 10:30a Fitness Drumming 11:30a Lunch 1p Afternoon 1:1 Visits 2p Happy Hour , Bill Cagley 2:15 Hand Massage + Relaxation 4:30p Dinner 4	7:30a Breakfast Puzzles & Games in the Resident Engagement Area 11:30a Lunch 4:30p Dinner 5
7:30a Breakfast Puzzles & Games in the Resident Engagement Area 11:30a Lunch 4:30p Dinner 6	7:30a Breakfast 9a Morning 1:1 Visits 9:30a Daily Chronicle 10a Music Relaxation & Coffee Social 10:30 Crafts 11:30a Lunch 1p Movie 1p Manicure Monday w/Maria 2p Walking Group 3p Afternoon 1:1 Visits 4:30p Dinner 7	7:30a Breakfast 9a Morning 1:1 Visits 9:30a Daily Chronicle 10a Sit & Stretch 10:30a Brain Games 11:30a Lunch 1p Horse Racing 2p Walking Group 3p Afternoon 1:1 Visits 4:30p Dinner 8	7:30a Breakfast 9a Morning 1:1 Visits 9:30a Daily Chronicle 10a Music Relaxation & Coffee Social 10:30a Balloon Swat 11:30a Lunch 1p Yahtzee 2p Walking Group 3p Afternoon 1:1 Visits 4:30p Dinner 9	7:30a Breakfast 9a Morning 1:1 Visits 9:30a Daily Chronicle 10a Chair Yoga 10:30a Arm Chair Travel 11:30a Lunch 1p Card Games 2p Walking Group 3p Afternoon 1:1 Visits 4:30p Dinner 10	7:30a Breakfast 9a Morning 1:1 Visits 9:30a Daily Chronicle 10:15a YMCA Fitness 10:30a Fitness Drumming 11:30a Lunch 1p Afternoon 1:1 Visits 2p Happy Hour, Flip Side 2:15 Hand Massage + Relaxation 4:30p Dinner 11	7:30a Breakfast Puzzles & Games in the Resident Engagement Area 11:30a Lunch 4:30p Dinner 12
	Labor Day				Rosh Hashanah Begins	
7:30a Breakfast Puzzles & Games in the Resident Engagement Area 11:30a Lunch 4:30p Dinner 13	7:30a Breakfast 9a Morning 1:1 Visits 9:30a Daily Chronicle 10a Music Relaxation & Coffee Social 10:30 Crafts 11:30a Lunch 1p Manicure Monday w/Maria 1:30p Monday Music 2p Walking Group 3p Afternoon 1:1 Visits 4:30p Dinner 14	7:30a Breakfast 9a Morning 1:1 Visits 9:30a Daily Chronicle 10a Sit & Stretch 10:30a Brain Games 11:30a Lunch 1p Bingo 2p Walking Group 3p Afternoon 1:1 Visits 4:30p Dinner 15	7:30a Breakfast 9a Morning 1:1 Visits 9:30a Daily Chronicle 10a Music Relaxation & Coffee Social 10:30a Balloon Swat 11:30a Lunch 1p Yahtzee 2p Walking Group 3p Afternoon 1:1 Visits 4:30p Dinner 16	7:30a Breakfast 9a Morning 1:1 Visits 9:30a Daily Chronicle 10a Chair Yoga 10:30a Arm Chair Travel 11:30a Lunch 1p Card Games 2p Walking Group 3p Afternoon 1:1 Visits 4:30p Dinner 17	7:30a Breakfast 9a Morning 1:1 Visits 9:30a Daily Chronicle 10:15a YMCA Fitness 10:30a Fitness Drumming 11:30a Lunch 1p Afternoon 1:1 Visits 2p Happy Hour, Gary LaRue 2:15 Hand Massage + Relaxation 4:30p Dinner 18	7:30a Breakfast Puzzles & Games in the Resident Engagement Area 11:30a Lunch 4:30p Dinner 19
Grandparents Day						Oktoberfest Begins
7:30a Breakfast Puzzles & Games in the Resident Engagement Area 11:30a Lunch 4:30p Dinner 20	7:30a Breakfast 9a Morning 1:1 Visits 9:30a Daily Chronicle 10a Music Relaxation & Coffee Social 10:30 Crafts 11:30a Lunch 1p Movie 1p Manicure Monday w/Maria 2p Walking Group 3p Afternoon 1:1 Visits 4:30p Dinner 21	7:30a Breakfast 9a Morning 1:1 Visits 9:30a Daily Chronicle 10a Sit & Stretch 10:30a Brain Games 11:30a Lunch 1p Horse Racing 2p Walking Group 3p Afternoon 1:1 Visits 4:30p Dinner 22	7:30a Breakfast 9a Morning 1:1 Visits 9:30a Daily Chronicle 10a Music Relaxation & Coffee Social 10:30a Balloon Swat 11:30a Lunch 1p Yahtzee 2p Walking Group 3p Afternoon 1:1 Visits 4:30p Dinner 23	7:30a Breakfast 9a Morning 1:1 Visits 9:30a Daily Chronicle 10a Chair Yoga 10:30a Arm Chair Travel 11:30a Lunch 1p Card Games 2p Walking Group 3p Afternoon 1:1 Visits 4:30p Dinner 24	7:30a Breakfast 9a Morning 1:1 Visits 9:30a Daily Chronicle 10:15a YMCA Fitness 10:30a Fitness Drumming 11:30a Lunch 1p Afternoon 1:1 Visits 2p Happy Hour, Bill Mann 2:15 Hand Massage + Relaxation 4:30p Dinner 25	7:30a Breakfast Puzzles & Games in the Resident Engagement Area 11:30a Lunch 4:30p Dinner 26
Yom Kippur Begins		Autumn Begins			Sukkot Begins	
7:30a Breakfast Puzzles & Games in the Resident Engagement Area 11:30a Lunch 4:30p Dinner 27	7:30a Breakfast 9a Morning 1:1 Visits 9:30a Daily Chronicle 10a Music Relaxation & Coffee Social 10:30 Crafts 11:30a Lunch 1p Manicure Monday w/Maria 1:30 Monday Music 2p Walking Group 3p Afternoon 1:1 Visits 4:30p Dinner 28	7:30a Breakfast 9a Morning 1:1 Visits 9:30a Daily Chronicle 10a Sit & Stretch 10:30a Brain Games 11:30a Lunch 1p Bingo 2p Walking Group 3p Afternoon 1:1 Visits 4:30p Dinner 29	7:30a Breakfast 9a Morning 1:1 Visits 9:30a Daily Chronicle 10a Music Relaxation & Coffee Social 10:30a Balloon Swat 11:30a Lunch 1p Yahtzee 2p Walking Group 3p Afternoon 1:1 Visits 4:30p Dinner 30	September 2026 		